



Screening for breast cancer Experiences from the Netherlands

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Experiences from the Netherlands

- **History**
- Organisation
- Screening outcomes
- + / - Dutch programme
- The next step
- Future challenges

1971 New York

**PRACTICAL MASS SCREENING
FOR EARLY BREAST CANCER**

PHILIP STRAX, M.D., GUTTMAN INSTITUTE, NEW YORK, N.Y.

1975 Nijmegen / Utrecht

1982 PhD Thesis Jan Hendriks †

1984 Lancet

1989 start Dutch program 50-69

1997 Dutch program implemented

1998 Extension to 70-74

2008 Digital screening

het dom-project
voor de vroege opsporing
van borstkanker
1975-1980



BEVOLKINGSONDERZOEK
BORSTKANKER
NIJMEGEN

1971 New York

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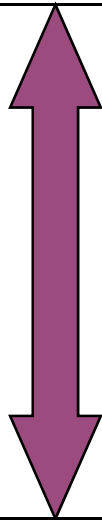
2008 Digital screening

128 000 referrals

57 500 imaging alone

70 500 biopsy

50 000 breast cancers



Dutch health council

15 June 1987

Mammography screening at this moment is the only cost effective screening for breast cancer, **if we can meet certain criteria on organization and financing.**

We expect that **500** deaths will be saved per year because of this programme

Start: 50-69

Interval: 2 years

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Target population

- 2 000 000 women
- 1 000 000 per year
- Compliance > 80%
- Screened population > 900 000

20 mijl

20 km

A satellite-style map of a coastal region, likely the Netherlands, showing a complex network of waterways and land. The map is overlaid with a navigation toolbar on the left side, featuring icons for zooming in/out, panning, and a scale bar. The word "Organisation" is written in large white text in the upper right corner. A bulleted list of three items is centered on the map. At the bottom left, there is a scale bar showing 20 mijl and 20 km. A small copyright symbol is visible in the bottom right corner.

Organisation

- National co-ordination
- National evaluation
- National quality assurance

20 mijl

20 km

Organisation



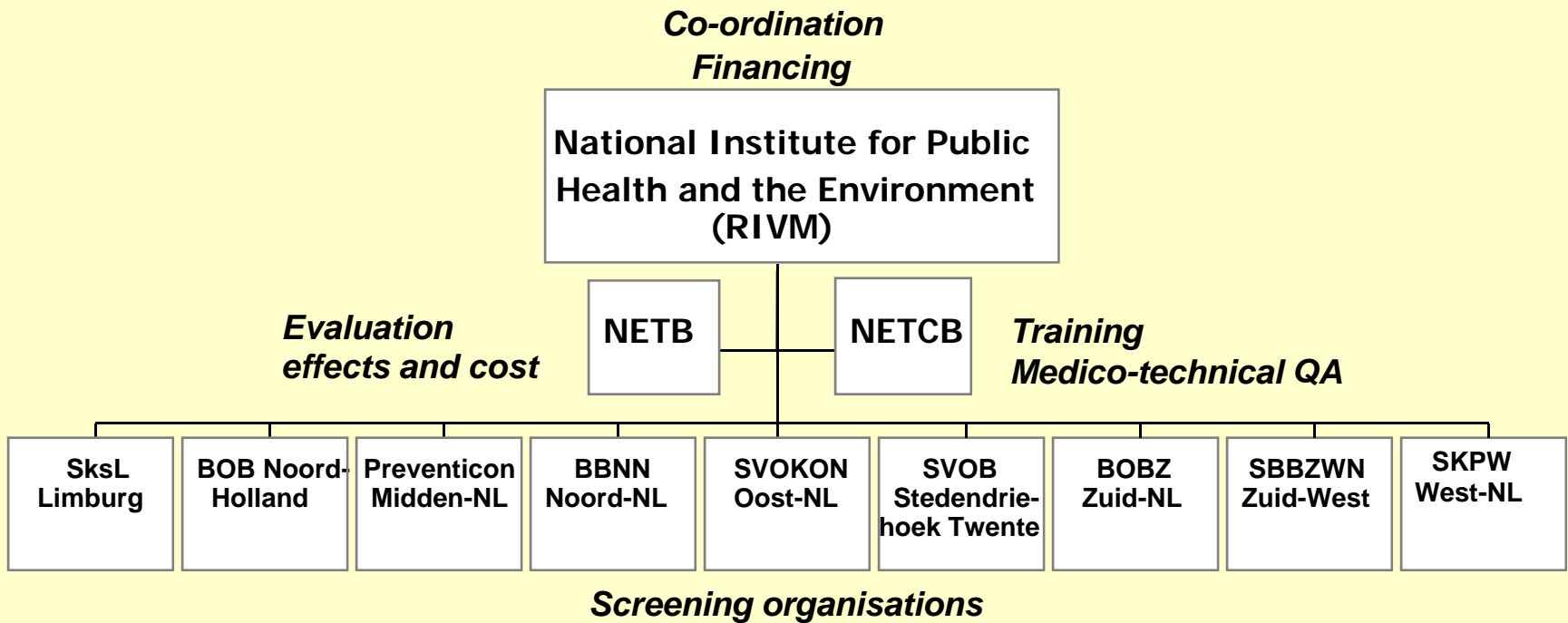
9 regional
foundations

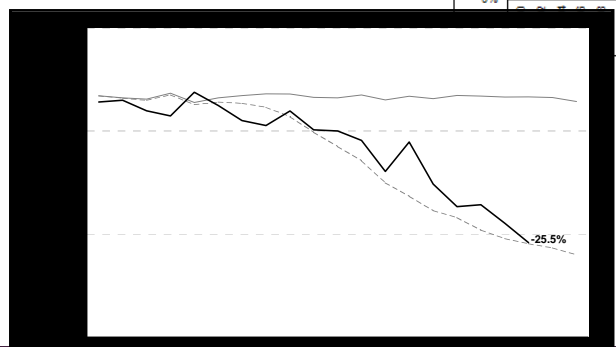
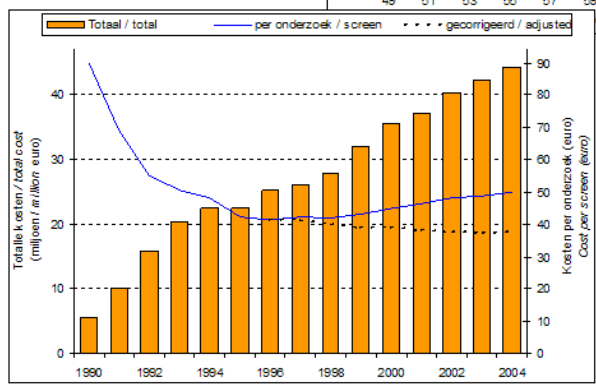
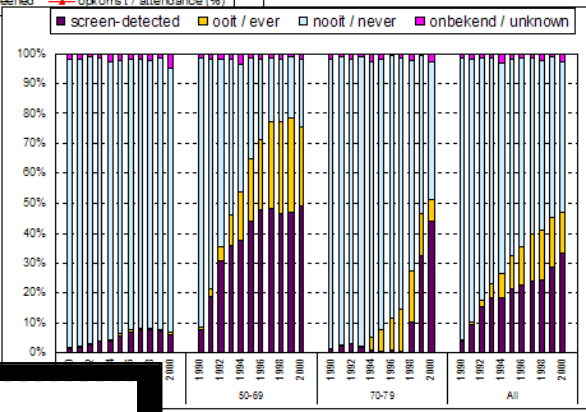
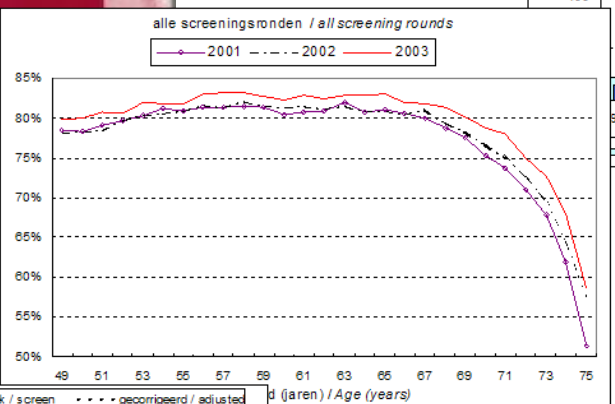
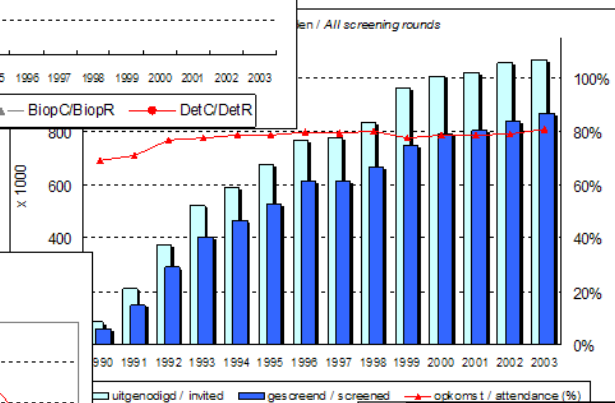
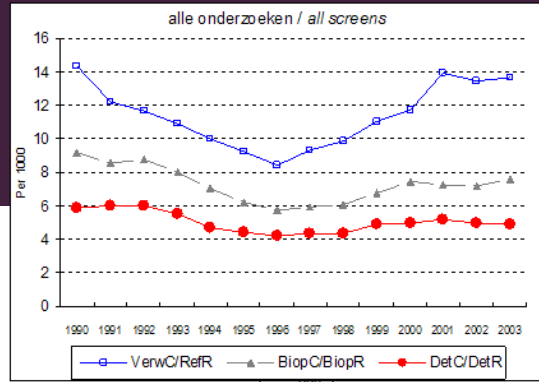
execution of
screening

Characteristics Dutch programme

- 50-74 year old women (N=2.2 million)
- biennial screening mammography (13 rounds)
- personal invitation (with reminder)
- 2-view mammography initial round
- 1-view mammography subsequent rounds (2-view on indication)
- double reading
- referral to general practitioner (no recall!)

Organisation Dutch programme



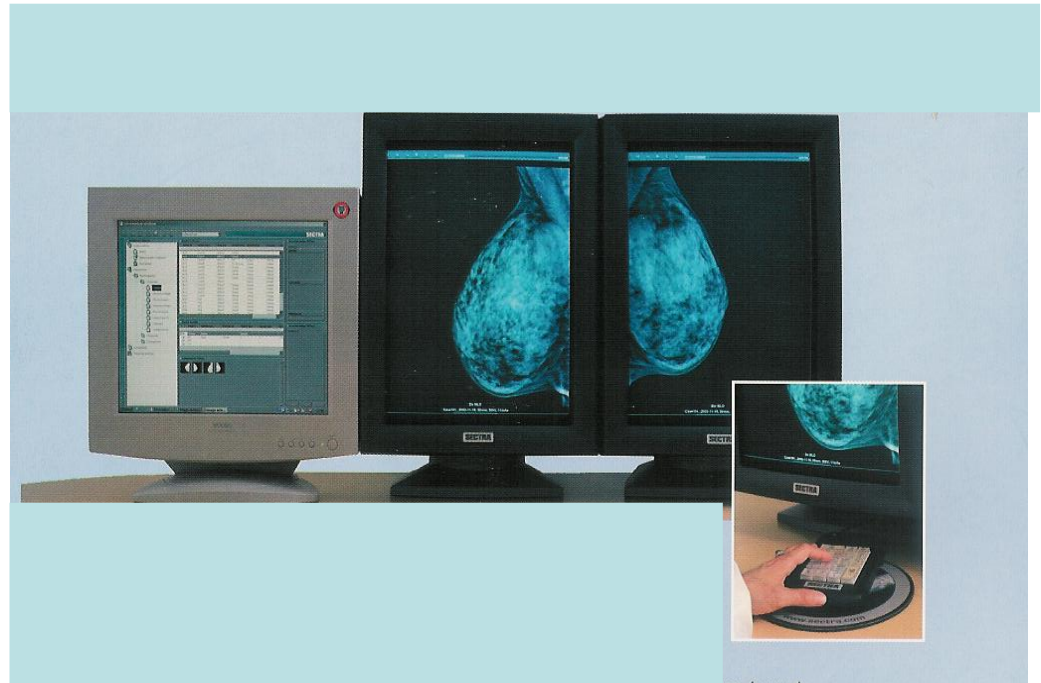


National Expert and Training Centre for Breast Cancer Screening

- Medical and technical audit – site visits
- Training radiographers, radiologists
- Innovation, research and advice
- Digitization



Daily Quality Control



Experiences from the Netherlands

- History
- Breast cancer incidence
- Organisation
- **Screening outcomes**
- + / - Dutch programme
- The next step
- Future challenges

Aggregate outcomes

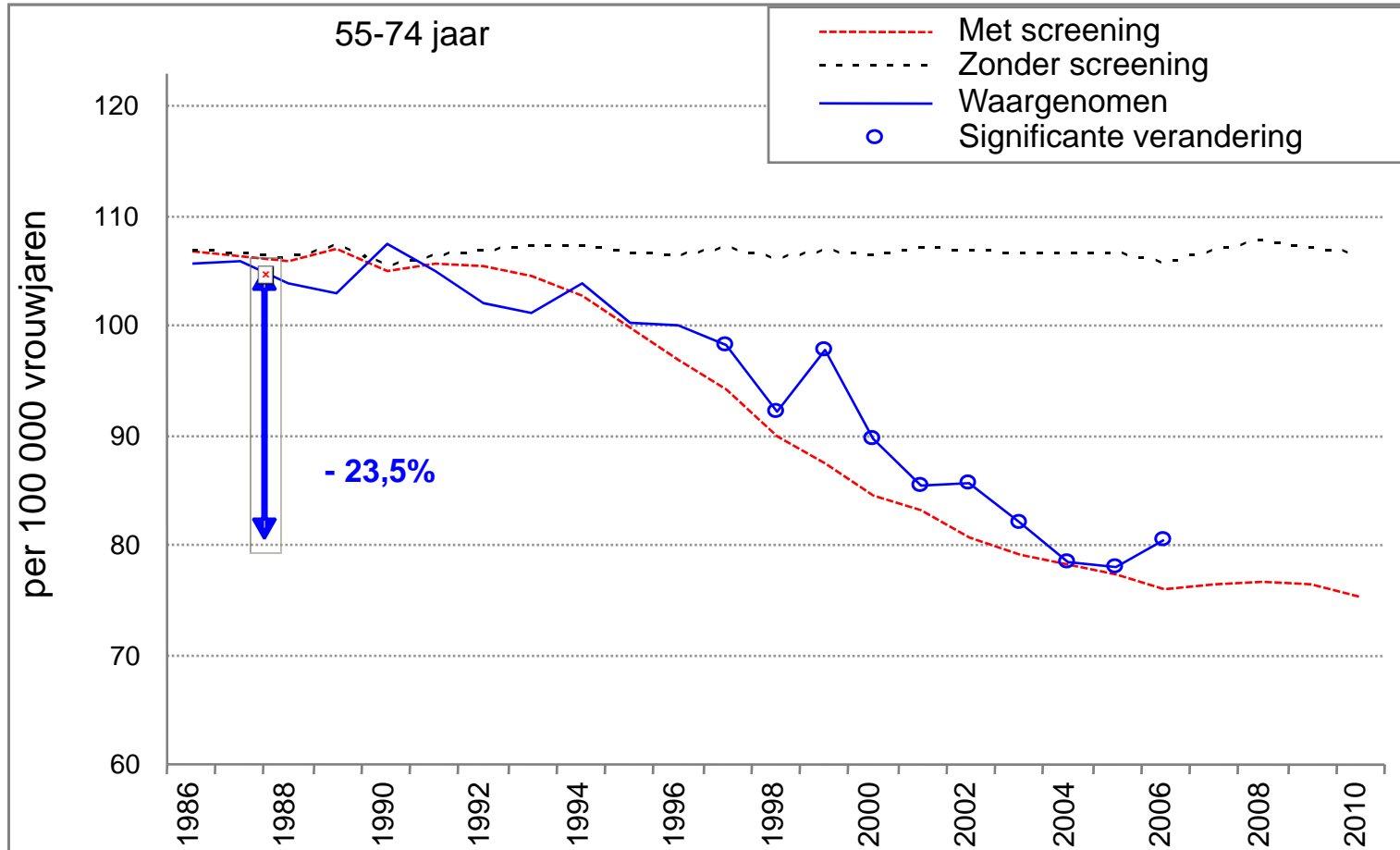
1990-1997

Screened	3.1 million
Referral	9.9 per 1000
Biopsy	6.8 per 1000
Breast cancer	4.8 per 1000
Interval cancer	1.0 per 1000

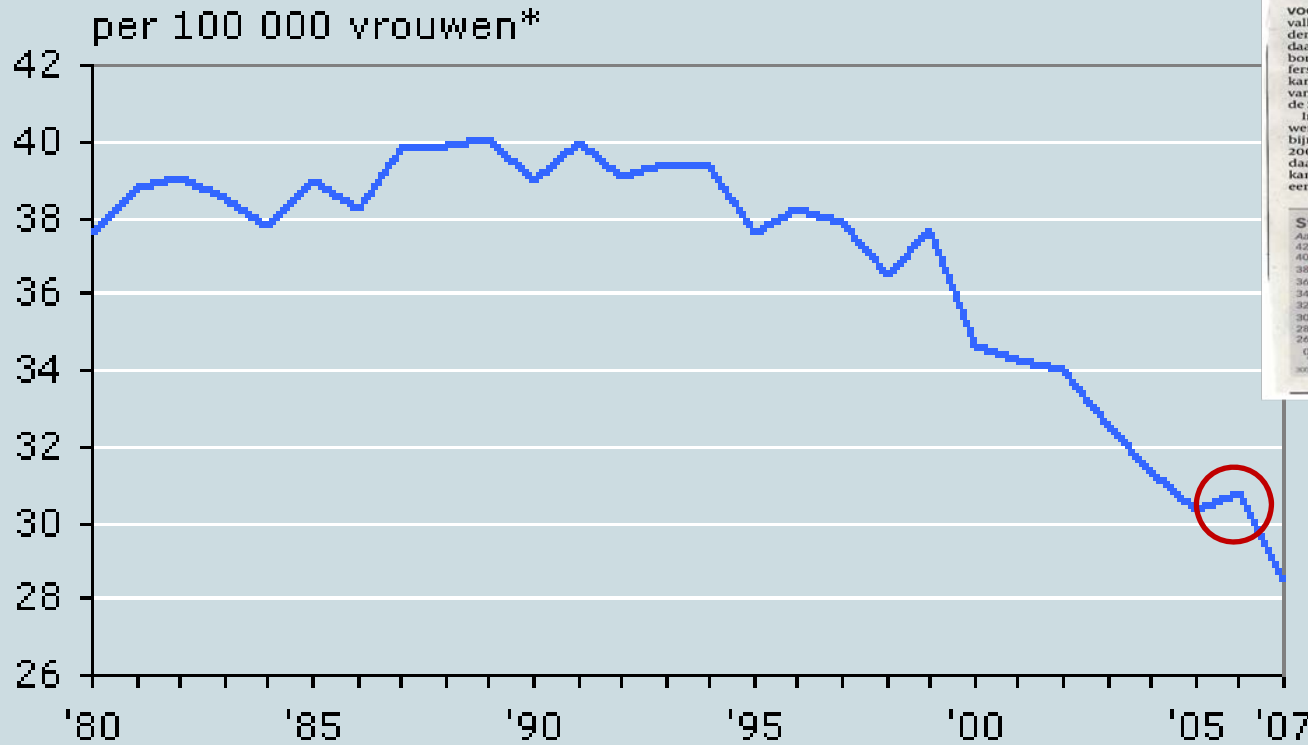
Aggregate outcomes

	1990-1997	2007
Screened	3.1 million	0.9 million
Referral	9.9 per 1000	18.0 per 1000
Biopsy	6.8 per 1000	8.2 per 1000
Breast cancer	4.8 per 1000	5.5 per 1000
Interval cancer	1.0 per 1000	1.0 per 1000

Breast cancer mortality



Breast cancer mortality



* Gestandaardiseerd op gemiddelde vrouwelijke bevolking van 1980

Bron: CBS

Longkanker overtreft borstkanker

VOORBURG Het aantal sterfgevallen door borstkanker in Nederland is vorig jaar verder gedaald. Voor het eerst maakte borstkanker minder slachtoffers onder vrouwen dan longkanker. Dat blijkt uit gegevens van het Centraal Bureau voor de Statistiek.

In 2007 overleden 3.180 vrouwen aan borskanker. Dat is bijna 5 procent minder dan in 2006. In de afgelopen tien jaar daalde de kans om aan borstkanker te overlijden met ruim een kwart. Onder vrouwen van 30 tot 50 jaar is de ziekte echter nog wel de belangrijkste doodsoorzaak. Eén op de zes sterfgevallen onder vrouwen van deze leeftijd, is het gevolg van borstkanker.

De ziekte komt overigens onder niet-westerse allochtone vrouwen veel minder vaak voor dan onder autochtone vrouwen. Turkse en Marokkaanse vrouwen lopen naar verhouding het laagste risico. Dit geldt vooral voor de eerste, in het buitenland geboren generatie. ANP

*30/09/07
Inkscant*

Sterfte door borstkanker neemt gestaag af

Aantal sterftes door borstkanker, per 100.000 vrouwen*

* Gestandaardiseerd op gemiddelde vrouwelijke bevolking van 1980

2007 en de Volkskrant - 17m. Bron: CBS

2007

- 28.7%

Experiences from the Netherlands

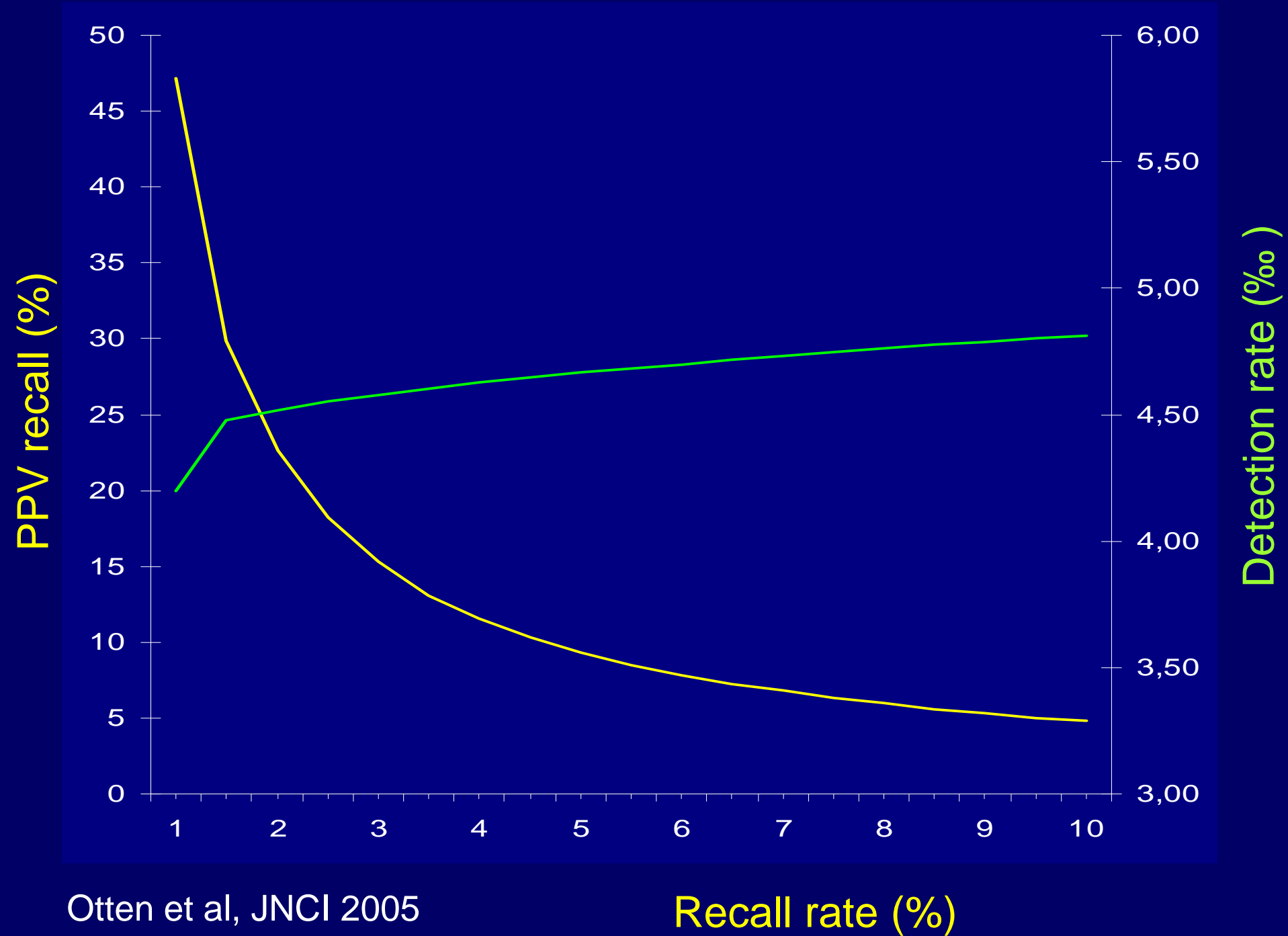
- History
- Organisation
- Screening outcomes
- **+ / - Dutch programme**
- The next step
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+ / - Dutch screening

- + Phased implementation
- + Extra budgetary source of financing
- + Organisation: centralised quality control, quality assurance, evaluation, training
- + Evaluation at aggregated level is simple and effective
- + Low referral rate; trends in breast cancer incidence and mortality as expected

+ / - Dutch screening

- Assessment is not a part of the screening process
- No individual data; limited data set; lack of clinical data
- Room for improvement
 - Increased referral
 - Increased detection



Otten et al, JNCI 2005

Recall rate (%)

Lessons learned

- Need for continuous assessment of the effect of the programme
- Intensive quality and outcome control are worth the effort
- Screening programme has stimulated the spread of quality care in diagnosis and treatment of breast cancer

Experiences from the Netherlands

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The Dutch screening goes digital

20 mijl
20 km

From analogue to digital screening

- Planned transformation – 2008 / 2009
- Major logistic operation
- 2004: three pilot digital studies
 - Gain experience
 - Assess effect on performance indicators
 - Help guide organisation and implementation



- Referral – analogue: 16
- Referral – digital: 23

- Detection – analogue: 5,1
- Detection – digital: 6,5

20 mijl
20 km

Bevolkingsonderzoek Borstkanker Nederland

Centrale IMS (Database)



- Eindhoven 1
- Eindhoven 2

Centrale Eenheid



- Filmscanner
- Server

Beoordelingseenheid



- Viewing Station

Vaste Eenheid

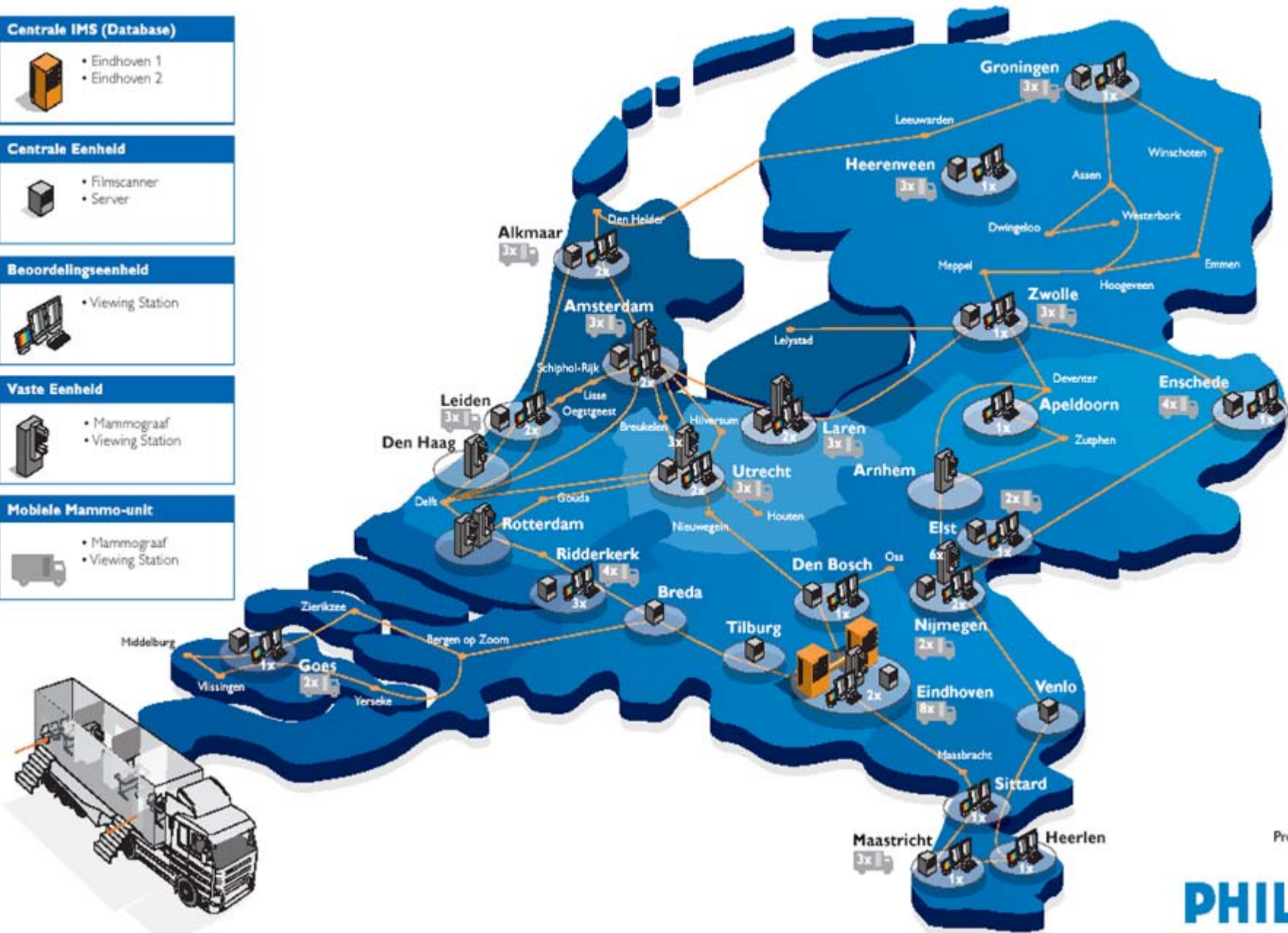


- Mammograaf
- Viewing Station

Mobiele Mammo-unit



- Mammograaf
- Viewing Station



Bevolkingsonderzoek Borstkanker Nederland

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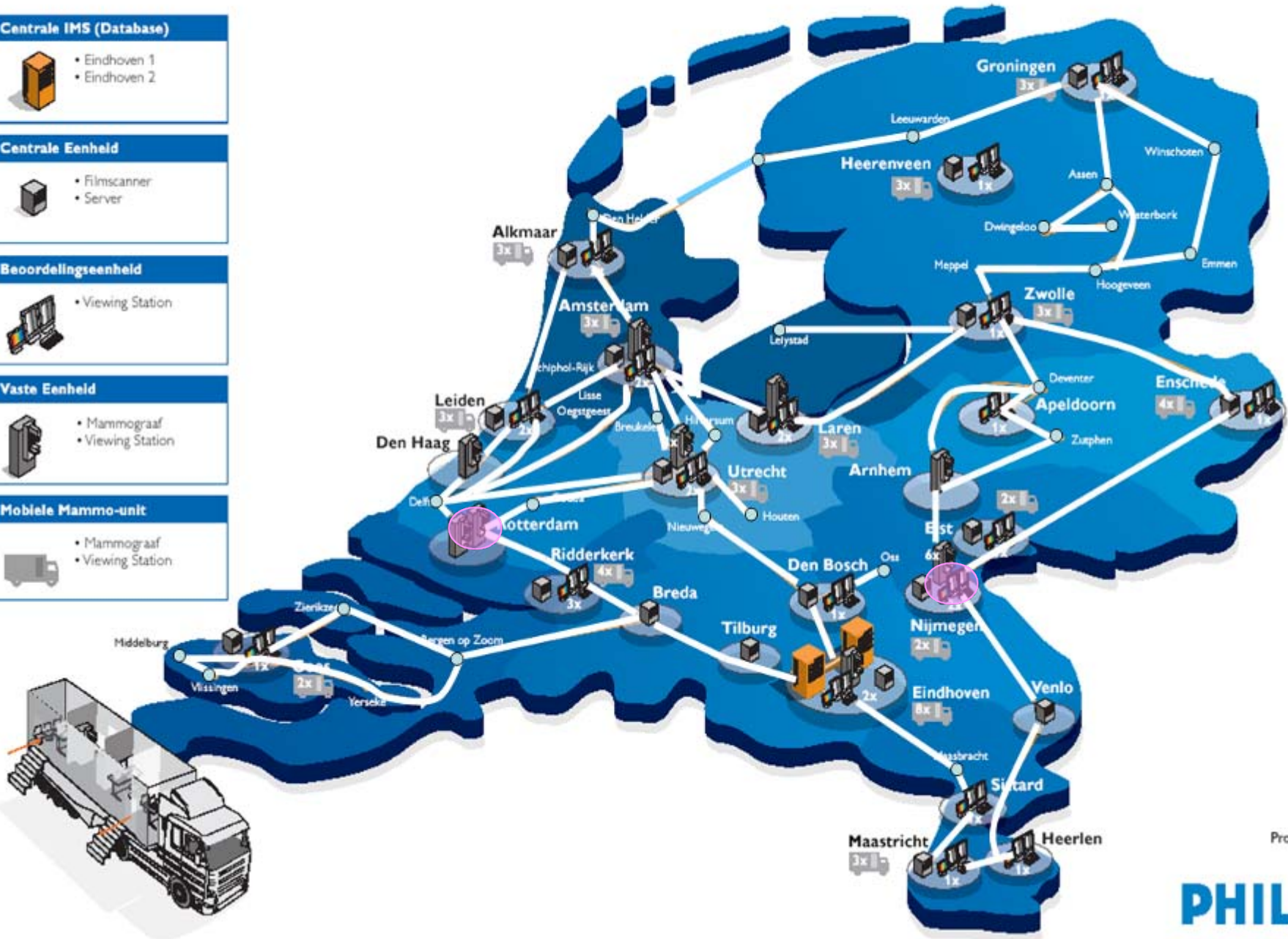


- Mammograaf
- Viewing Station

Mobiele Mammo-unit



- Mammograaf
- Viewing Station



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Future challenges

British Medical Journal 2008

ANALYSIS

Maximising benefit and minimising harm of screening

Gordon Brown has pledged to increase screening services in the NHS. **Muir Gray**, **Julietta Patnick**, and **Roger Blanks** show how experience with the UK breast screening programme can help ensure that they are effective

All screening programmes do harm; some do good as well, and, of these, some do more good than harm at reasonable cost. The first task of any public health service is to identify beneficial programmes by appraising the evidence. However, evidence of a favourable balance of benefit to harm in a research setting does not guarantee that a similar balance will be reproduced in practice, so screening programmes need to be introduced in a way that allows their quality to be measured and continuously improved.

The policy decision

J A Muir Gray director, National Knowledge Service, Oxford OX3 7LG

J Patnick director, NHS Cancer Screening Programmes, Sheffield
R G Blanks epidemiologist, Institute of Cancer Research, Sutton, Surrey

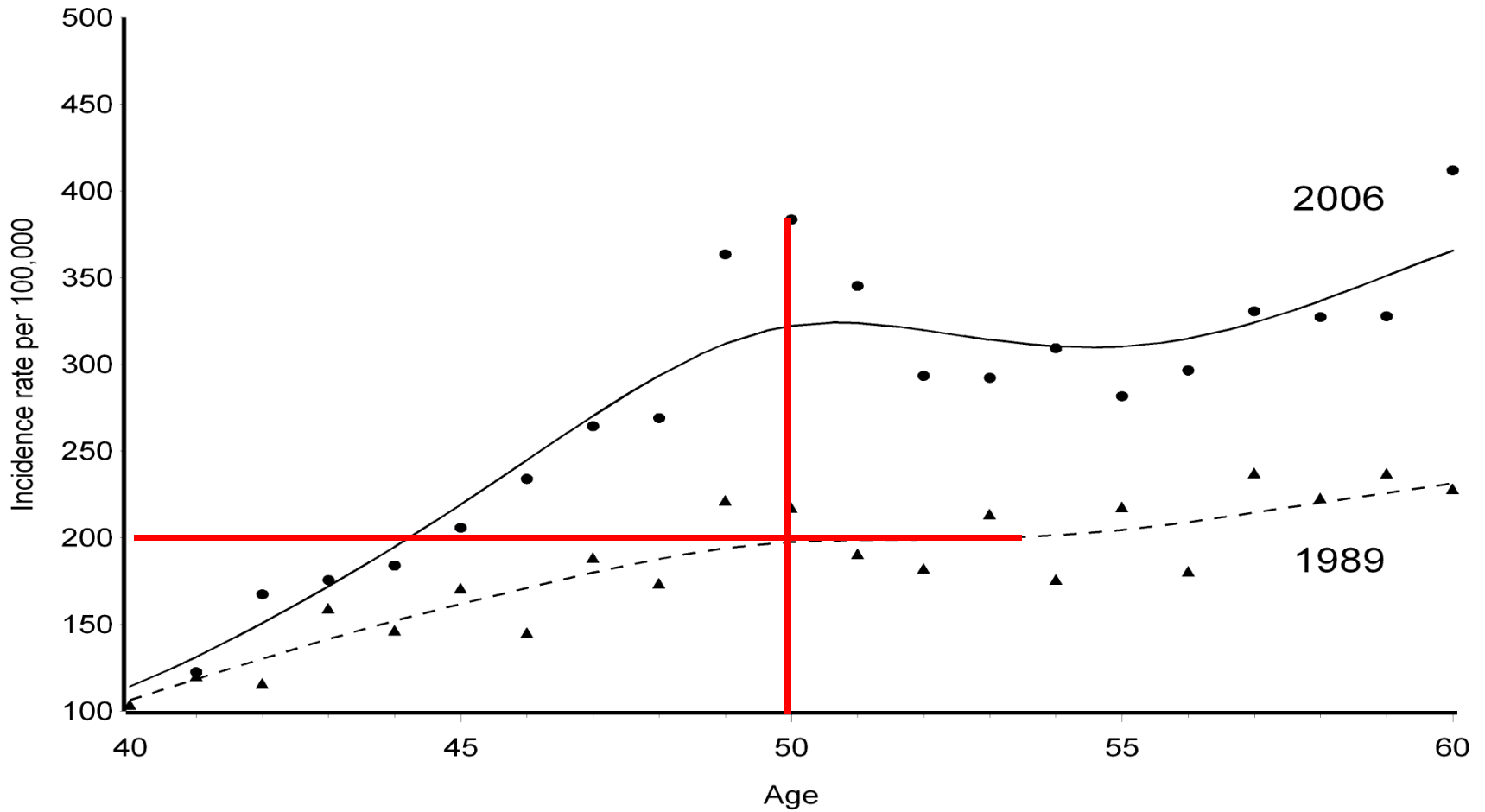
Correspondence to: J A Muir Gray
muir.gray@medknox.net

Accepted: 13 September 2007

the professions and the women to be offered screening, to deliver the programme within a specific time and budget and to set out performance standards. To achieve its objectives the implementation team was given a discrete budget sufficient to fund the programme; authority to centralise certain aspects of screening, notably the multidisciplinary assessment of women with abnormal mammography results; and separate funds to set up four training centres, procure an information system, and prepare clear information for the women offered screening.

Each of the 14 regional authorities then in Eng-

Breast cancer incidence



DMIST-trial: women < 50

THE NEW ENGLAND JOURNAL OF MEDICINE

ORIGINAL ARTICLE

Diagnostic Performance of Digital versus Film Mammography for Breast-Cancer Screening

Etta D. Pisano, M.D., Constantine Gatsonis, Ph.D., Edward Hendrick, Ph.D., Martin Yaffe, Ph.D., Janet K. Baum, M.D., Suddhasatta Acharyya, Ph.D., Emily F. Conant, M.D., Laurie L. Fajardo, M.D., Lawrence Bassett, M.D., Carl D'Orsi, M.D., Roberta Jong, M.D., and Murray Rebner, M.D., for the Digital Mammographic Imaging Screening Trial (DMIST) Investigators Group*

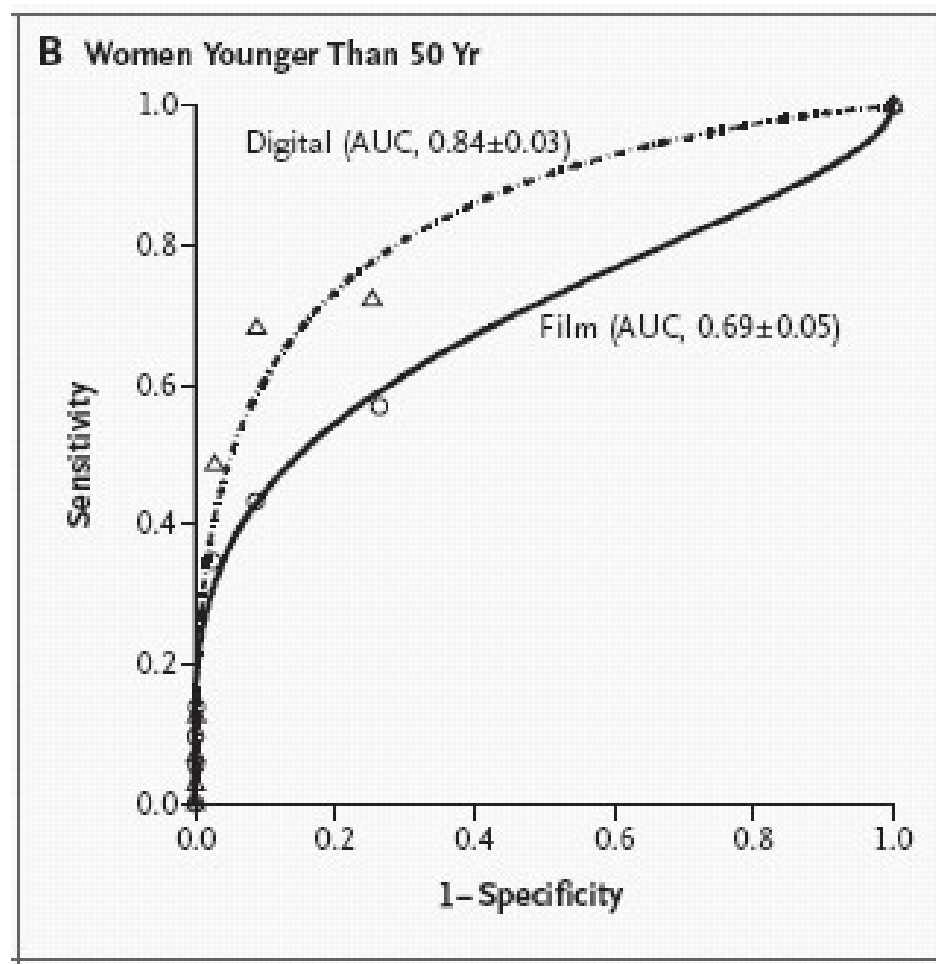
ABSTRACT

BACKGROUND

Film mammography has limited sensitivity for the detection of breast cancer in women with radiographically dense breasts. We assessed whether the use of digital mammography would avoid some of these limitations.

From the Departments of Radiology and Biomedical Engineering, the Biomedical Research Imaging Center, and the Lineberger Comprehensive Cancer Center, University of North Carolina at Chapel Hill, Chapel Hill (E.D.P.); the Center for

DMIST-trial: women < 50



Screening under < 50

Guideline: screening and diagnosis of breast cancer (April 2007)

When digitization of the Dutch screening has been completed, a study should be performed to investigate the opportunities and consequences of introducing annual screening for women aged 45 to 49.

Building on digital framework

Maximize

- High-risk groups



Minimize

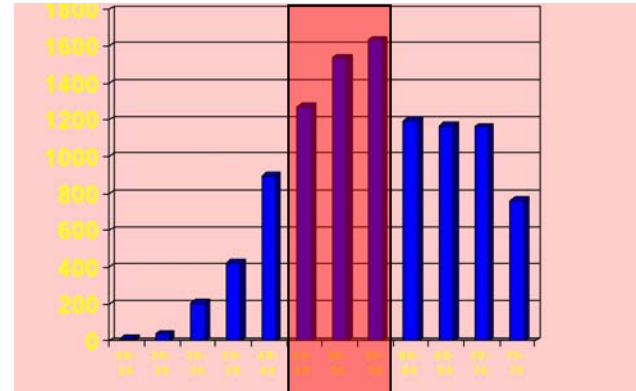
- Low-risk groups



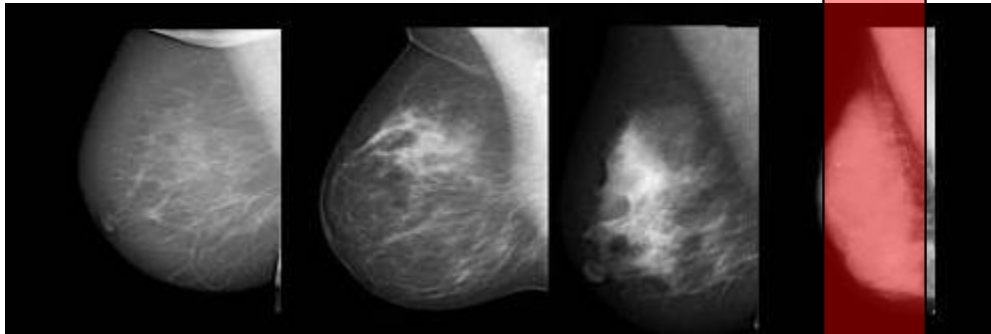
Building on digital framework

- Maximize

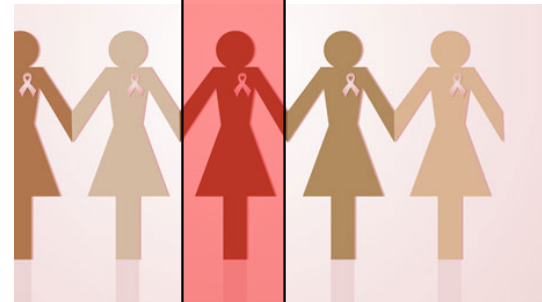
High-risk groups



Age



Breast density

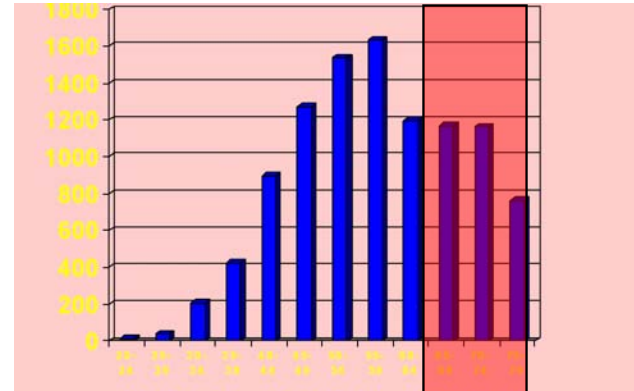


Family

Building on digital framework

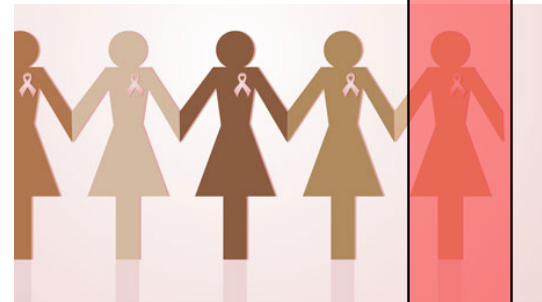
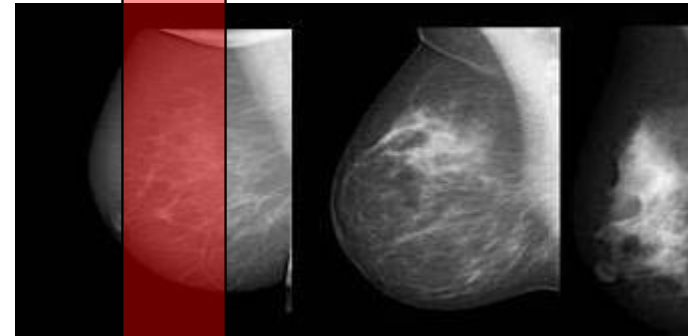
- Minimize

Low-risk groups



Age

Breast density



Family

Countering increased referral

The New York Times
nytimes.com

April 10, 2008

In Shift to Digital, More Repeat Mammograms

By [DENISE GRADY](#)

It is a phone call that women dread. Something is not quite right on the [mammogram](#) and they have to go back. They don't want to wind up normal.

Still, most women know someone who has [breast cancer](#), and even the calmest, most

Digital breast screening programme

Biomarker database: Breast Density, Genomics, Proteomics, DCIS Biobank, etc.

Web-based questionnaires : breast cancer risk factors

1. CBS - Statistics Netherlands
2. IKC - Comprehensive Cancer Centres
3. IBOB - Screening Information System
4. GBA – Basic Information Municipalities
5. PALGA – Pathology Reports

National Electronic Patient File

125 hospitals

Research infrastructure ?

In the race for quality,
there is no finish line.

David T. Kearns

